



SUPER COW MILK PRODUCT CATALOG

— THE —
PRICE
YOU WANT
— THE —
TASTE
THEY ENJOY



For the **SUPER** in you.



WHAT'S YOUR **SUPER** **POWER?**



IT'S SUPER EASY TO ENJOY!

Super Cow Milk is made from pure, nutritious, high-quality cow's milk, SUPER COW full cream milk powder is an excellent source of calcium and Vitamins A, B and D. SUPER COW Milk combines the rich creamy taste your family loves with the natural goodness they need.

FULL CREAM POWDERED MILK

Full Cream Milk Powder with added Vitamin A and Vitamin D3!

6 Package Sizes Available:

130g, 350g, 650g, 800g, 1500g, 1800g

Consumer Warnings: Not to be used as a breast milk substitute.

Allergen Information: Contains milk and soy. Packaged in a facility that also processes eggs, milk, mustard and peanuts.



Nutrition Facts			
56 servings per pack			
Serving size		(32g)	
Calories	Per serving	Per 100g	
	160	505	
	% RDA*	% RDA*	
Total Fat	9g	28g	
Saturated Fat	5.4g 27%	17g	85%
Trans Fat	0.18g	0.56g	
Cholesterol	30mg	93mg	
Sodium	96mg 5%	300mg	15%
Total Carb.	12g	39g	
Dietary Fiber	0g	0g	
Total Sugars	12g	39g	
Incl.Added Sugars	0g	0g	
Protein	7.7g	24g	
Vitamin A	640IU/190RE 24%	2000IU/600RE 75%	
Vitamin D3	130IU/3.2ug 32%	400IU/10ug 100%	
Vitamin B2	0.31mg 26%	1.1mg 92%	
Vitamin B12	1.1ug 46%	3.5ug 146%	
Calcium	280mg 28%	880mg 88%	
Iron	0mg 0%	0mg 0%	
Phosphorus	230mg 33%	710mg 101%	
Potassium	416mg 12%	1300mg 37%	
* Percentage Recommended Daily Allowance (% RDA) values are based on Codex Guidelines on Nutritional Labelling. RDA is based on a 2000 calorie diet and may vary on an individual basis due to medical conditions, pregnancy, age etc.			

SKIMMED POWDERED MILK

Skimmed Milk Powder with added Vitamin A and Vitamin D3.

3 Package Sizes Available:
130g, 400g, 800g

Consumer Warnings: Not to be used as a breast milk substitute.

Allergen Information: Contains milk and soy. Packaged in a facility that also processes eggs, milk, mustard and peanuts.



Nutrition Facts			
13 servings per pack			
Serving size		(32g)	
Calories	Per serving	Per 100g	
	110	355	
	% RDA*	% RDA*	
Total Fat	0.3g	0.9g	
Saturated Fat	0.2g 1%	0.6g 3%	
Trans Fat	0.01g	0.04g	
Cholesterol	6mg	19mg	
Sodium	130mg 7%	400mg 20%	
Total Carb.	17g	54g	
Dietary Fiber	0g	0g	
Total Sugars	17g	54g	
Incl.Added Sugars	0g	0g	
Protein	10g	32g	
Vitamin A	800IU/240RE 30%	2500IU/750RE 94%	
Vitamin D3	130IU/3.2ug 32%	400IU/10ug 100%	
Vitamin B2	0.45mg 38%	1.4mg 117%	
Vitamin B12	1ug 42%	3.0ug 125%	
Calcium	640mg 64%	2000mg 200%	
Iron	0.2mg 1%	0.6mg 4%	
Phosphorus	320mg 46%	1000mg 143%	
Potassium	540mg 15%	1700mg 49%	
* Percentage Recommended Daily Allowance (% RDA) values are based on Codex Guidelines on Nutritional Labelling. RDA is based on a 2000 calorie diet and may vary on an individual basis due to medical conditions, pregnancy, age etc.			

WHY SUPER COW MILK?



Super Cow Milk is made from pure, nutritious, high-quality cow's milk, SUPER COW full cream milk powder is an excellent source of calcium and Vitamins A, B and D. SUPER COW Milk combines the rich creamy taste your family loves with the natural goodness they need.

It's SUPER easy to enjoy SUPER COW Milk because it's:

- ✓ Creamy and delicious
- ✓ Naturally rich in nutrients
- ✓ Easy to mix



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